

## SUGGESTED EXERCISES

# Observing a moment of play and swaddling of a doll



**Video:** Swaddling a doll

## OBJECTIVES

- Building a relationship of trust with children's families.
- Planning democratic educational interventions.
- Organizing the educational environment.
- Integrating the language and culture of belonging into educational practices.

## ACTIVITY DETAILS

Approximate duration: multiple sessions

## STEP 1

- 1.1 Before the session, invite an Elder from the First Nations community to participate in a talking circle in the classroom.

## STEP 2

- 2.1 Watch the video clip as a group or individually.
- 2.2 As a group, prepare a series of 10 questions to ask the Elder. These questions will be used to gather information on:
  - Understanding the tradition of swaddling;
  - Making connections between the educational practice observed in the video clip and this tradition.

## STEP 3

- 3.1 As a group, meet with the Elder and ask them questions about the tradition of swaddling. This meeting could ideally be held outside, in a place of your choosing.

## STEP 4

- 4.1 Back in the classroom, take a few minutes as a group to review the meeting by answering the following questions:
  - What is your takeaway from this meeting?
  - What can you now conclude about the importance of cultural transmission in a childcare setting?
  - What will be your role as an educator to support this cultural transmission in a childcare setting?
  - What will be your professional mandate with families so that parents work with you to align your educational practices with the language and culture of belonging of the community and children?

## STEP 5

- 5.1 As a group or individually, watch the video clip a second time and answer the following questions:
  - What was your takeaway from this video clip the first time you watched it?
  - Now that you know a bit more about the tradition of swaddling after this meeting, what is your takeaway from this video clip?



## ADDITIONAL SUGGESTED EXERCISES

1. Create an illustration that represents how important it is to integrate traditions into children's education.
2. Build a compendium of activities for children that are relevant to their traditions and culture of belonging.

