

SUGGESTED EXERCISES

Observing naptime customs and traditions



Video: Naptime customs and traditions

OBJECTIVES

- Analyzing the profession.
- Promoting children's holistic development.
- Observing the development and behaviour of children.
- Building a positive relationship with children.
- Building a relationship of trust with children's families.
- Planning democratic educational interventions.
- Organizing the educational environment.
- Facilitating active learning-based educational interventions.
- Integrating the language and culture of belonging into educational practices.
- Assessing educational quality.

ACTIVITY DETAILS

Approximate duration: 3 hrs



STEP 1

1.1 Watch the video clip as a group or individually

STEP 2

2.1 Also watch the clip titled “**Swaddling a doll**” as a group or individually.

STEP 3

3.1 Write a story about how that day could have unfolded for this group of children.

3.2 Your story must include the following:

- The schedule, the games and the everyday moments;
- The reasons why the day is unfolding this way;
- A list of activities related to the culture and language of belonging that you could have planned;
- A list of things to do to foster collaboration and partnership with the families on that day.

STEP 4

4.1 Read or tell the stories with the group.

ADDITIONAL SUGGESTED EXERCISES

- Find someone who was taught something meaningful for their childhood and their development from an Elder or their parents, and invite them to speak to the class.
- Create a booklet of activities that are culturally meaningful for the children and share it with your colleagues.
- Facilitate an activity inspired from your own cultural education (cooking, handicraft, music, singing, etc.) and explain why and how this activity has been meaningful.

